



# THE SAN FRANCISCO EARLY MUSIC SOCIETY

## SFEMS RECORDER WORKSHOP

Rotem Gilbert & Hanneke van Proosdij, Directors

Email: [recorderworkshop@sfems.org](mailto:recorderworkshop@sfems.org)

626-441-0635

Dear SFEMS Recorder Workshop Participant,

Welcome to the 2010 Recorder Workshop! Thank you for joining us for what promises to be a most exciting week. In looking over the enclosed schedules you can anticipate a week full of playing and a chance to improve your skills, hear wonderful concerts, and have a good time. The Preliminary Daily Schedule will answer many of your questions. There will be an updated Daily Schedule for you at the workshop.

Enclosed you will find a curriculum guide, registration form, and class choice form. Please complete the registration form and class choice form and return them as soon as possible. Returning your curriculum form early will increase our ability to give you your first choices. Please send your forms (PDF) via email to: [recorderworkshop@sfems.org](mailto:recorderworkshop@sfems.org)  
Or you can send them regular mail to: Hanneke van Proosdij  
6919 Gladys Ave.  
El Cerrito, CA 94530

**Room check-in/workshop registration is 1-3:30 pm on Sunday, July 18<sup>th</sup>.**

For those of you traveling from the Oakland or San Francisco airports, it is easy to take BART to the Rockridge Station. Additional travel information can be found at <http://www.opwest.org/sap/alt/location.html>.

Please bring a music stand and, if you are staying on campus, a reading lamp for your desk. Backup recorders, either wood or plastic, are very, very useful. We will provide a notebook to organize your music for classes. We suggest bringing dividers to separate your music by class and a highlighter (to highlight an individual line in a score for ease of reading). We provide tape and a three-hole punch. Without organization it is easy to misplace your music or waste valuable class time looking for music.

For those of you staying at St. Albert's, the priory provides bed linen and towels. If you require specific personal items for your own comfort, please bring them. Oakland summer days are usually warm, with evenings a bit chillier, so be sure to bring comfortable clothing. The rooms do not have telephone lines or internet hookups, so please bring cell phones if you have them. You will be able to access the internet via WiFi on site or in cafes a block away. There is a pay telephone at the front inside entrance.

The first meal to be served in the priory dining room is dinner on Sunday. If you are coming from the Bay Area, please bring a bag lunch for that day. Out-of-towners will be provided light refreshment when they arrive.

We will not have an auction this year, since we would like to have more time for Open Mike. We will have a silent auction as well as a music, CD, and book sale. If you have any items you would like to contribute, please bring them with you. Donations to enable Recorder Workshop scholarships are needed and gratefully accepted. If you are able to help another person benefit

from our program, you can also do so by making a contribution at your check-in/registration time or during one of the coffee hours.

A word about **our facilities at St Albert's Priory**:

This Dominican men's college is a beautiful, quiet, and collegial ivy-covered brick oasis one block off College Avenue in the Rockridge section of Oakland, California. It is two blocks and a five-minute walk from the Rockridge BART (Bay Area Rapid Transit) station, so is easily accessible (by BART) from any part of the Bay Area via public transportation. Ample parking is available for commuters who drive, though carpooling is encouraged. College Avenue is an attractive upscale shopping area with lots of boutiques, cafes, and excellent restaurants.

- **All rooms on campus are singles** containing a bed, desk, armchair, closet, and sink. Toilets and showers are dorm style (down the hall, with individual cubicles). The rooms are nice and overlook the serene inner courtyard garden of the priory.
- Meals are available in the priory dining room (the refectory, that is!), and the menu is simple but good. Vegetarians will be satisfied by a salad bar that includes tofu offerings even if the main course is not vegetarian. Vegans will need to supplement dining service with visits to nearby Trader Joe's (one block away) and Whole Foods (several blocks). You may purchase a complete or partial meal plan ahead of time even if you don't stay on campus (see registration form). We need to hear from you **two weeks before the workshop if you are commuting and wish to reserve meals in the refectory**.
- Stair climbing is unavoidable, as classes are held on two floors. If you are challenged by stairs, please keep this in mind. We may use the elevator to move luggage on the first and last days of the workshop, but otherwise the elevator requires a special key. Even with a special accommodation to the elevator, there is some stair climbing. Please let me know if you need assistance.
- The classrooms available to us are roomy and nice. For recorder orchestra we have the use of the incredibly beautiful main chapel with its gorgeous woodwork and stained glass. Wait until you see it!

We look forward to seeing old friends, meeting new ones, and making music together. Please feel free to call or e-mail us if you have any questions at all.

Sincerely,

Rotem Gilbert & Hanneke van Proosdij

THIS IS A PRELIMINARY SCHEDULE; UPDATED SCHEDULE AVAILABLE AT REGISTRATION.

**Daily Schedule July 18 – 24, 2010**  
**SFEMS Recorder Workshop at St. Albert's Priory, Oakland**

**Sunday, July 18**

1:00–3:30 p.m.	Registration & Check-in
3:30–4:30 p.m.	Orientation
4:45–5:45 p.m.	Technique Classes
6:00–6:45 p.m.	Dinner
7:30 p.m.	Playing Session with Louise Carslake
	Welcome reception following

**Monday, Tuesday, Thursday, and Friday, July 19 - 23**

8:00–8:45 a.m.	Breakfast
9:00–10:30 a.m.	Recorder Orchestra
10:30–11:00 a.m.	Coffee Break
11:00–12:15 p.m.	Technique Classes
12:15–12:45 p.m.	Lunch
1:00–2:00 p.m.	Master Class
2:15–3:30 p.m.	Special topic classes
3:45–5:00 p.m.	Special topic classes
5:15–6:00 p.m.	Feldenkrais with Elisabeth Reed/Aperitifs
6:15–6:45 p.m.	Dinner
7:30 p.m.	Evening event

**Wednesday, July 21**

8:00–8:45 a.m.	Breakfast
9:00–10:30 a.m.	Recorder Orchestra
10:30–11:00 a.m.	Coffee Break
11:00–12:15 p.m.	Technique Classes
12:15–12:45 p.m.	Lunch
1:00–2:00 p.m.	Master Class
	Afternoon free to play, sightsee, relax.
2:00–5:00 p.m.	Mini-workshop “Music from the Hapsburg Courts” with Robert Dawson
6:15–6:45 p.m.	Dinner
7:30 P.M.	Small Group Playing Sessions with Faculty

**Saturday, July 24**

8:00–8:45 a.m.	Breakfast
9:30–11:00 a.m.	Student Concert
11:30–1:00 p.m.	Check-out

**Evening Events, all at 7:30 p.m.**

Sunday 7/18	Playing Session with Louise Carslake
Monday 7/19	Lecture by Rotem Gilbert
Tuesday 7/20	Faculty Concert
Wednesday 7/21	Small Group Playing Sessions with Faculty
Thursday 7/22	Open Mike & Silent Auction
Friday 7/23	Recorder Orchestra & Faculty Recorder Consort Concert

**Please fill out the personal information form, the musical experience form and the class choice form and return by email before July 12<sup>th</sup> to**

[recorderworkshop@sfems.org](mailto:recorderworkshop@sfems.org)

Or you can send them regular mail to: Hanneke van Proosdij  
6919 Gladys Ave  
El Cerrito, CA 94530

## **PERSONAL INFORMATION**

Name\_\_\_\_\_

Street Address\_\_\_\_\_

City/State/Zip Code\_\_\_\_\_ Phone\_\_\_\_\_

If you are staying at St. Albert's Priory, are there any special considerations we should know for placing you in a room?

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Whom do we contact in case of an emergency?

Name\_\_\_\_\_

Street Address\_\_\_\_\_

City/State/Zip Code\_\_\_\_\_ Phone\_\_\_\_\_

If you are commuting, do you wish to reserve a meal plan or partial meal plan?  
Please check below the meal services you wish to reserve for the week:

Breakfast (\$7)\_\_\_\_ Lunch (\$10)\_\_\_\_ Dinner (\$12) \_\_\_\_ (all three) \_\_\_\_

**We need to hear from you two weeks before the workshop if you are commuting and wish to reserve meals in the refectory.**

## MUSICAL EXPERIENCE

*The more accurate you can be in your description of your musical and technical level, the easier it will be for us to place you in classes with others of like level, so that you will get the most out of this week of music making.*

Name: \_\_\_\_\_

Area of interest:

medieval\_\_\_ Renaissance\_\_\_ baroque\_\_\_ contemporary\_\_\_ world\_\_\_ all\_\_\_

Have you received coaching from a professional? From whom?

Have you ever received any formal musical training? \_\_\_\_\_

Was it in grade school?\_\_\_ High school?\_\_\_ College (BA)?\_\_\_ Graduate school?\_\_\_\_\_

Have you attended a workshop before?\_\_\_ Which one?

Have you worked with a conductor and played with a large recorder orchestra, regular orchestra or sung with a chorus before?\_\_\_\_\_ For how long?\_\_\_\_\_

Can read: treble clef\_\_\_ alto clef\_\_\_ tenor clef\_\_\_ bass clef\_\_\_ any clef\_\_\_  
Renaissance notation \_\_\_\_\_

Ensemble playing experience: none\_\_\_ some\_\_\_ lots\_\_\_

Check the following categories that best describe your level of experience:

Can play easy arrangements and tunes. Yes\_\_\_ No\_\_\_

Can carry a line in a Renaissance dance tune (e.g. Susato) alone. Yes\_\_\_ No\_\_\_

Can carry a line in a Renaissance instrumental (e.g. canzona) alone. Yes\_\_\_ No\_\_\_

Can play a Handel recorder sonata with ease. Yes\_\_\_ No\_\_\_

Can match a metronome beat with ease. Yes\_\_\_ No\_\_\_

Can match a metronome beat with a little concentration. Yes\_\_\_ No\_\_\_

Can match a metronome beat with a lot of concentration. Yes\_\_\_ No\_\_\_

Don't ever work with a metronome because it's too frustrating. Yes\_\_\_ No\_\_\_

Can manage syncopation in Renaissance music sight-reading. Yes\_\_\_ No\_\_\_

Can manage syncopation in Renaissance music with a little work. Yes\_\_\_ No\_\_\_

Can manage syncopation in Renaissance music with a lot of work. Yes\_\_\_ No\_\_\_

Can't manage syncopation in Renaissance music yet. Yes\_\_\_ No\_\_\_

Can play all major scales with ease. Yes\_\_\_ No\_\_\_  
Can play many major scales (4 sharps and flats). Yes\_\_\_ No\_\_\_  
Can play a few major scales (2 sharps and flats). Yes\_\_\_ No\_\_\_  
Can play minor scales (2 sharps and flats) Yes\_\_\_ No\_\_\_  
Have never worked on scales. Yes\_\_\_ No\_\_\_

I would describe myself as a low intermediate\_\_\_ intermediate\_\_\_  
high intermediate\_\_\_ advanced\_\_\_ recorder player.

I play: only c-fingerings\_\_\_ only f-fingerings\_\_\_ both c and f fingerings\_\_\_

I play: S\_\_\_ A\_\_\_ T\_\_\_ B\_\_\_ recorders.

I prefer to work: a) from score\_\_\_ b) from individual parts\_\_\_

\_\_\_ I have enjoyed singing in choirs or other groups before.

\_\_\_ I have sung nursery rhymes or folk tunes.

\_\_\_ I sing only in the shower.

Sight reading skills: fair\_\_\_ good\_\_\_ excellent\_\_\_

Do you learn new pieces quickly? Yes\_\_\_ No\_\_\_

Wish to perform on the Saturday student concert. \_\_\_ Do not wish to perform. \_\_\_

## INSTRUMENT INFORMATION

Please list each instrument you plan to bring with you:

Recorders - Modern or Baroque at A=440 (circle as appropriate):

S A T B GtB CtB

Recorders - Renaissance at A=440:

S A T B GtB CtB

Recorders - Baroque at A=440/415:

S A other:

Are you willing to lend instruments to others during the week? Yes\_\_\_ No\_\_\_

## CLASS CHOICE FORM

Please fill out form completely.

**Class D (2:15–3:30 p.m.)**    Course#            Course Title

List the course number and instructor for ONE class on each line.

First Choice            \_\_\_\_\_

Second Choice        \_\_\_\_\_

Third Choice          \_\_\_\_\_

**Class E (3:45–5:00 p.m.)**    Course #            Course Title

List the course number and instructor for ONE class on each line.

First Choice            \_\_\_\_\_

Second Choice        \_\_\_\_\_

Third Choice          \_\_\_\_\_

I wish to sign up for **Class C—Master Class** \_\_\_\_\_

(Limited to 10 groups/people, so send in your choice form early!)

Composition: \_\_\_\_\_

Need harpsichord accompaniment: Yes \_\_\_ No \_\_\_

Will play at 415 \_\_\_ 440 \_\_\_

Other ensemble members (when applicable):

Please let us know if there is a faculty member you are specifically coming to study with.

**Curriculum Guide SFEMS Recorder Workshop**  
*Music from the Royal Courts of Europe*  
St. Albert's Priory, Oakland, CA **July 18 – 24, 2010**

**WORKSHOP PITCH IS A=440**

(440 and 415 are OK for master class & D5)

**Class A 9:00-10:30 a.m.**

Recorder Orchestra directed by Saskia Coolen.

We will start our day together celebrating the sounds of the recorder orchestra, and we will work on developing ensemble skills, producing beautiful tones, and exploring music. The orchestra will work on a special project focusing on "Music from the Royal Courts of Europe." Please bring the largest instruments you have. Sweet and low, the larger the better! The music will be rewarding, challenging, and fun for players at all levels.

**Class B 11:00 a.m.-12:15 p.m.**

Technique Classes. Faculty will rotate.

You will be assigned to a technique class, based on your level of experience. All participants within a single class will be at approximately the same level. You will have a variety of teachers during the week. Each teacher will work intensively on a different aspect of recorder technique (at the appropriate level) so that you will be exploring several topics during the week, using a variety of materials. Topics include, but are not limited to, tone production, hand position, articulation, rhythm, ornamentation, etc. Instructors: Carlslake, Coolen, Gilbert, Ingles, Maund, and Mor.

**Class C Master Class 1:00-2:00 p.m.**

Anyone may choose to play in the master class, and anyone may attend to listen. Attendance is optional. If you choose to perform in master class, your piece must be selected and well-prepared ahead of time. You must send a copy of the score by one month before the workshop. Receipt of the score will hold your place in master class. An accompanist will be provided. The teacher will be different every day the master class meets. Limited to 10 groups/people.

**Class D 2:15–3:30 p.m.**

**D1 Renaissance Recorder Consort**

We will work on tone and tuning and play music by some of the masters of the renaissance such as Senfl, Isaac, and Josquin des Pres. For players with one or more Renaissance recorders. **Louise Carlslake**

**D2 ¡Viva España!**

Come enjoy the thrilling, enticingly rhythmic consort music heard in the Spanish royal

courts. We will split the class between smaller works and larger-scale, double choir pieces. Tapas not included. Intermediate to high intermediate levels. **Greg Ingles**

### **D3 Instrumental and Vocal Music of the Middle Ages and Beyond**

We'll prepare and perform vocal music and instrumental arrangements of music from the Cantigas de Santa Maria, Llibre Vermell, and the Sephardic repertoire. All levels.

**Peter Maund**

### **D4 Dance with the Kings**

This class will survey Renaissance and baroque court dances, exploring the repertoire and characteristics of the different dances. All levels. **Daphna Mor**

### **D5 Boot Camp for Advanced Players**

This class will combine technique sessions with working on baroque sonatas with harpsichord accompaniment in master class format. Sharpen your technical skills, warm your sound. We will talk about baroque ornamentation, playing with continuo, innovative practice exercises, and more. Bring a prepared piece with extra copies for people to share. Advanced level. **Hanneke van Proosdij**

Class E 3:45–5:00 p.m.

### **E1 A Festival of J. S. Bach**

Bring nimble fingers and long phrases to play this beautiful music by J.S. Bach. Included will be arrangements of motets, contrapuncti, fugues, and chorales. Intermediate to advanced. **Louise Carslake**

### **E2 The Burgundian Lilt**

This class will delve into fifteenth-century chansons written for the Dukes of Burgundy. For players with one or more Renaissance recorders. **Rotem Gilbert**

### **E3 Above Ground**

This chamber music oriented class will focus on music for one or more trebles over a repeating bass line. We will discuss in detail how to match articulations and phrasing for lines that are continually passed between players. Good for both baroque and consort players. Intermediate to advanced levels. **Greg Ingles**

### **E4 Instrumental Dance Music of the Middle Ages**

We'll focus on the estampie, saltarello, and danse royal repertoire as well as improvisations within these forms. All levels. **Peter Maund**

### **E5 World Music**

We will look at courtly and folk music from around the world. Enchanting melodies, uncommon scales and rhythms. All levels. **Daphna Mor**

### **E6 Bass Mania**

Would you like to be more confident on your bass? This class will make a bass virtuoso out of you! Bass excerpts taken from Renaissance, baroque and contemporary repertoire. Bases of all sizes are invited. All levels. **Hanneke van Proosdij**