

Dear SFEMS MedRen Workshop Participant,

Welcome to the 2009 Medieval & Renaissance Workshop! Thanks for joining us for what promises to be a most exciting week. As you look over the schedule and class listings, I think you will see that you can anticipate a week full of wonderful music, a chance to learn, to improve your skills, hear wonderful lectures and concerts and have a good time with friends old and new. In order for any of this to happen though, we need to get (re)acquainted with you and to take care of a little business.

Here's what we ask you to do in three easy steps!

1. Complete the online enrollment form.
2. Download the following info sheets. They will provide you with all the information you need to understand the week's schedule and to make your class choices.

- \*Class list
- \*Detailed class description (of those classes needing further information)
- \*Daily schedule (list version)
- \*Daily schedule (calendar version)

3. Finally, download these forms, fill them out and return:

- \*Personal information/Music placement form
- \*Class choice form

Please send your forms (PDF) via email to: [medrenmail@gmail.com](mailto:medrenmail@gmail.com)

If this is not possible, please send a hardcopy to:

Greta Hryciw  
P.O. Box 370069  
Montara, CA 94037

I look forward to seeing old friends, meeting new ones and making wonderful music together. Please feel free to call or e-mail me if you have any questions at all.

[medrenmail@gmail.com](mailto:medrenmail@gmail.com)

617-323-0617

Sincerely,  
Tom Zajac

**On these five pages you will find general information about the workshop, a travel information sheet, a listing of local eateries and a campus map.**

Room check-in/workshop registration is from 2 to 4:00 pm on Sunday, June 28th on the patio in front of the music building (Ives Hall).

Sonoma State University provides recently built, wonderful dorms. Each suite has four bedrooms, each with its own bathroom, and the suite also has a kitchen and a nice big livingroom. You can view them here: <http://www.sonoma.edu/housing/bvgallery> We will have our classes and concerts in the music building, Ives Hall, and have access to a nice variety of classrooms. The combination of classrooms, big livingrooms and several practice rooms will make informal playing possible for everyone.

For those of you staying at Sonoma State University, the university provides bed linen and towels, but if you require specific personal items for your own comfort please bring them. Unfortunately, the university does not offer the dorms without the meal plan, but if you prefer you can cook your own meals. Each suite has its own kitchen with fridge, stovetop and microwave, but the university does not provide any cookware, tableware or silverware, so beware! If you plan to cook and eat in your rooms you must provide all of this yourself.

Rohnert Park summer days are usually warm, with evenings a bit chillier, so be sure to bring comfortable clothing.

Please note that smoking is not allowed in any building on campus.

There is good airport shuttle transportation from both San Francisco Airport and Oakland Airport to Sonoma County. If you can fly into Oakland we'll try to arrange for a pick up. If you can arrive between 11am and 1pm we will have a better chance of finding you a ride, but please give us plenty of warning!

Of course, if you prefer to rent a car or arrive by car, you can come whenever you like.

Those of you staying on campus can park anywhere on the campus; those of you commuting will need to pay a \$2.50/day parking fee. There are several parking lots.

(See page 4 for more travel information.)

Everyone staying on campus will have a full meal plan. Meals are served in the cafeteria and include hot dishes and a fairly extensive salad bar. Vegetarian dishes are available. Line times listed on the schedule are the times diners must be present in line at the dining hall. We can stay as long as we'd like after that in order to enjoy our meals.

Commuters may buy meals at the cafeteria, but must request these meals by June 1st: breakfast \$8.50; lunch \$9.75; dinner \$11:00; plus 10% admin fee. Please include your meal requests on the personal information form, or send them by email to [medrenmail@gmail.com](mailto:medrenmail@gmail.com) before June 1st. If you do not book these meals in advance, there are several wonderful local cafes and restaurants (listed below), or you can bring your own food.

Please bring a music stand for your classes, sharp pencils for taking notes and a black ring binder for the Renaissance Choir/Band music. There will be instrument storage for commuters; specifics will be explained at the orientation meeting.

We will not have an auction this year, since we do not have a suitable space for such an event. We will have a silent auction as well as music, CD and book sale. If you have any items you would like to contribute, please bring them with you. Donations to enable MedRen scholarships are needed and gratefully accepted. If you are able to help another person benefit from our program, you can also do so by making a contribution at your check-in/registration time or during one of the sherry hours.

Rental program for out-of-towners:

Flying with instruments has become such a problem that we are offering a rental program for viol and lute. Please email Tom if you would like to rent one.

**WORKSHOP PITCH IS A=440**

## **Travel Directions**

### **By car:**

**Sonoma State University is located 50 miles north of San Francisco, off Highway 101, adjacent to the communities of Rohnert Park and Cotati.**

#### **From San Francisco Bay Area**

Highway 101 north to Rohnert Park Expressway exit. Turn right onto Rohnert Park Expressway and follow to its end at Petaluma Hill Road. Right on Petaluma Hill Road to the stoplight at East Cotati Avenue. Right on East Cotati Avenue to Main Entrance of the campus on your right.

#### **From Northern California (Crescent City, Eureka)**

Highway 101 south to Rohnert Park Expressway. Turn left onto Rohnert Park Expressway and follow to its end at Petaluma Hill Road. Right on Petaluma Hill Road to the stoplight at East Cotati Avenue. Right on East Cotati Avenue to Main Entrance of the campus on your right.

#### **From Northern California (Redding, Chico)**

Interstate 5 south to Interstate 505. Take 505 to Interstate 80. Take Interstate 80 West to Vallejo to Highway 37 west to Highway 101, then north on Highway 101. Proceed to campus as from San Francisco.

#### **From Sacramento**

Interstate 80 west to Vallejo. Take Highway 37 west to Highway 101 north. Proceed to campus as from San Francisco.

#### **From Oakland East Bay Area**

Interstate 580 across the Richmond-San Rafael Bridge to Highway 101 North. Proceed as from San Francisco.

### **From the airports:**

#### **Shuttle service from San Francisco and Oakland International Airports**

(We have been advised to avoid the Santa Rosa Airport)

#### **Sonoma County Airport Express**

For information: call 707/837-8700 or visit [www.airportexpressinc.com](http://www.airportexpressinc.com)

Departs SFO every 60 minutes, between 5:30 a.m. and 9:30 p.m. w/ two additional buses at 11 and 12:30.

Departs Oakland every 60 minutes, between 5:15 a.m. and 9:15.

Cost \$30 one way, \$58 roundtrip (seniors and students get discount).

The shuttle buses will take you to The Doubletree Hotel in Rohnert Park where you can get a cab from there to campus. **Yellow Cab** 707/544-4444 (about \$15 but with your Airport Express ticket you will get 20% discount). The Doubletree Hotel is about 4 miles from the university.

## **Food & Coffee**

Everything is closer than 1.5 miles. Listed in order of closeness to the campus:

My organic Chef  
6727 B Sturtevant Dr. (707) 490-6091

Starbucks  
1716 E Cotati Ave. (707) 792-0283

Sahara Middle eastern Cuisine  
1728 E Cotati Ave. (707) 665-9011

Moxie Java  
7285 Snyder Ln. (707) 792-5004

Sonoma Valley Bagel  
1451 Southwest Blvd # 107 (707) 793-9990

Shangrila café and grill  
1706 E Cotati Ave. (707) 793-0300

Charlie's Serious Chilli dogs  
1301 Maurice Ave. (707) 792-9274

Fast and Easy Mart  
7285 Snyder Ln. (707) 795-5123

China Wok Restaurant  
1460 E Cotati Ave # C (707) 792-9889

North Light Books Cafe  
550 E Cotati Ave. (707) 792-4300

Taqueria El Rancho  
1451 Southwest Blvd # 106 (707) 795-8537

Taqueria Sol Azteca  
1435 E Cotati Ave. (707) 792-1859

Patterson's Pub & Grill  
1355 Parkway Dr. (707) 837-9577

Tubby's restaurant  
560 E Cotati Ave. (707) 792-1232

Oliver's market  
546 E Cotati Ave. (707) 795-9501

Uni Sushi  
199 Southwest Blvd (707) 794-0410

